MANTA ISLAND RESORT SUGGESTED PACKING LIST

Essentials:

- Suntan lotion - lots and with a high SPF as the sun is strong here in beautiful Belize! Also, please try to get reef safe sunscreen.
- Insect repellant OR Insect repellant wipes
- Toothbrush & toothpaste
- Your preferred brand of shampoo/conditioner and body wash if desired (we provide in each cabana)
- Ponytail holders and clips (it gets pretty windy)
- Make-up (definitely optional)
- Hair products (mousse, gel, hairspray, etc)
- Razors
- Shaving cream
- Deodorant
- Moisturizer
- Contact lens solution
- Feminine goods
- Anti-itch cream, band aids, tylenol, etc (just in case)
- Motion sickness tablets for choppy seas
- Flashlight (great to see the marine life after dark)
- Spare batteries/chargers for electronic devices
- Prescription medications

Clothes:

- Windbreaker and/or rain poncho for wet boat rides / days
- Cardigan or light jacket for chilly evenings
- Beach bags
- Swimsuits & cover-ups
- Shorts
- Cool tops
- Flip-flops
- Rash guard shirts
- Reef shoes and/or wading boots for fly-fishing
- Caps/ hats (with string if possible)
- Sunglasses
- Swimming goggles
- Ear plugs (for the small connecting flight)

Fun stuff:

- Ipod / Iphone or portable music player & speaker with necessary chargers. Be sure to download movies.
- Insulated cup for beverages (Yeti, Tervis etc.); we provide purified water in the rooms but bottles are great to keep beverages cooler
- Digital camera, GoPro, disposable underwater cameras, etc. with necessary chargers/batteries
- Waterproof bags or Ziploc bags to store electronic devices
- Snorkel gear and/or fishing gear - optional if you have a preferred set you like to use (we provide complimentary use on the island)
- Books, writing journal, electronic reading devices with necessary charges
- Snacks (just in case)
- Games you enjoy: Scrabble, Dominos, Cards, etc.